

ANNUAL ACTIVITY REPORT 2019-2020

SUSTAINABLE LIVELIHOOD

- **SAFBIN- II:** The project has started its 3rd phase at MVSS after high success rate in SAFBIN-II in Sagar and Vidisha districts. The project is funded by Caritas Austria. SAFBIN-III builds IFS models among small and marginal farmers on agriculture sector and provide financial support for seeds, green manures, bio fertilizers, cow shed improvement, poultry etc on regular basis. The project is successfully able to provide agricultural schemes benefits to 372 farmers. Even succeeded in developing 277 kitchen gardens within a year. Under this project 61 farmers have started implementing tradition farming practices. 144 farmers have opted for IPM/INM practices which is truly necessary for quality farming. Within the tenure of three years now farmers are also going for soil testing and mainly focusing on natural and quality farming practices. In every village SHFC (Small Holder Farmer Collectives) formed in which they collectively discuss about problems, opportunities, pros and cons regarding agriculture which really help farmers to work in a better way.
- **URJA JYOTI-** New mission on revitalizing agriculture extension system among small and marginal farmers through low cost production embarked at MVSS in November 2019, namely; '**Urja Jyoti**'. A team of 6 Staffs are working on agriculture based issues, CBO management and developing low cost IFS models in 20 villages of Sagar and Ashoknagar districts. The Project is initiated mainly in 20 villages of Ashoknagar and Rehli blocks, linking 1500 households with development schemes related to agriculture, housing, livelihood etc. The Project is funded by Caritas Spain. In the first year itself of the project, we have succeeded to provide agricultural schemes benefits to 385 farmers. For nutrition and quality enhanced food 308 farmers initiated kitchen gardening and 373 farmers have opted for Traditional farming practices by understanding its long term benefits. Even 22 farmers opted for IPM/INM practices. 339 farmers adopted mixed cropping by understanding its benefits like crops maintain productivity with lesser input.

HEALTH & HYGIENE

- **MANAS:** MVSS has started its new campaign "**MANAS**" in collaboration with Diocesan schools and educational departments to extend support for the TB/Cancer/HIV/AIDS and destitute elderly. Our support is to aware the students on social service acts by providing ration kits, toilet articles, warm clothes and medical assistance on regular basis for the elderly, sick and needy community at village level. The campaign is rooted in the belief of fullness of life, to protect and to nurture life. MVSS campaign promotes awareness, behavioral and life style changes and financial assistance to Cancer and TB patients. Around Rs 4.5 lakhs funds were raised from diocesan and religious educational

institutions and we extend support for the medication of Cancer, HIV and TB patients.

- **CABA:** Another innovative intervention began with the launching of ‘Swalamban’- Empowering children affected/infected by HIV/AIDS (CABA). The project is funded by CHAI Telangana and targets to empower the lives of 100+ such children of Sagar district by extending home based care, linkages with socio economic welfare schemes, ART and extending nutritional support and regular meetings. This year 100 CABA were empowered and institutional based care was provided. 50 CABA were ART linked and 50 CABA were provided with educational support and nutritional kits.
- **COMMUNITY HEALTH PROGRAM: Capacitating of Health workers (ASHA):**
The purpose of this project is 100% institutionalized delivery and 100% immunization of ANC and PNC and even availing of health related schemes to the needy. The project is funded by CHAI through MPSSS and is functioning in 5 villages of Sagar and 5 villages of Banda blocks. In order to provide better community health we have conducted 250 awareness program on different health related topics in which 3050 people have participated. We have formed groups CHVs, VHSCs, SHGs in which general discussion regarding importance of health, issues concerning adolescent girls etc were discussed. 16 activities were conducted regarding Government linkage program in which 226 people have participated. There were 370 home visits and 3 Medical camps especially for women were conducted in which altogether 402 women patients were treated. 657 women were also provided with Antenatal care services. Others involved 300-500 patients who were provided with free diagnosis and medicines.
- **Collaboration with health department(HB, bones, TB Screening, medical camps)**
MVSS organized medical camps in collaboration with the Health department of Diocese. Around 1800+ rural people benefited from this multi specialty health camps. X rays, Blood check up, Detailed check-up, health counseling, ANC to pregnant women etc were all provided at very cheap rates to the village community. Well experienced Doctors shared the moment voluntarily.
- **SAHELI:** The title of the project is “**Improving menstrual hygiene and eliminate myths, taboo, beliefs and social restriction related to menstrual cycle**”. The innovative part of the project is that we are distributing low cost ecological Sanitary Napkins to the rural adolescent girls and women at lower price. So far we have formed 324 adolescent groups and distributed pads to 1360 Saheli team members. Through our efforts an increase of 71% in girl’s attendance in schools and 69% practices safe disposal of sanitary napkins. This awareness program was conducted in Shahgarh, Banda, Sagar, Rehli and Ashoknagar block. adolescent girls and women of Slum areas and rural areas collect/ purchase sanitary napkins from MVSS office very regularly.

- Axshaya project:** The project is supported by CBCI, Delhi in Sagar. CBCI card seeing our effective work in Sagar Slum areas has also extended support to reach more community wherein people suffering from TB maybe treated and provided with DOTS support and care. The areas covered are villages of Sagar, Banda, Shaghras, Rehli, and Kharapur. In these areas we have conducted 5392 surveys in a year. 6 major meetings were also conducted regarding the preventions and safety related to TB in which 245 people have participated. Special intervention for creating TB free model village was intervened in Jamuniya village Banda, wherein complete eradication of TB is done with the collaboration of DTO.
- World Toilet Day/ Mass Awareness:** in 2019 we laid special stress in cleanliness and in every project areas this program was conducted. Activities conducted were essay writing competition and PowerPoint presentation. Toiletry articles like harpic, brooms, phenols etc were distributed in schools and toilets were cleaned by the children along with staff as voluntary service. Altogether 754 govt school students participated in World Toilet Day organized by MVSS. 15 wall paintings were also painted to spread the awareness regarding health and hygiene in public walls and common places.
- Special Awareness Program on Cancer: it was conducted in Sagar and Banda blocks** 658 people have participated in it. The purpose of this program was to create **cancer awareness** and remove the stigma and fear attached. To help people in recognizing the early signs and symptoms of **cancer**, thus enabling them to seek treatment at an early stage.
 - TB eradication program Screening:** Indian Medical Association in collaboration with CBCI Card also conducted "**TB Free Camp**" at MVSS. CMHO, Doctors, medical representatives, IMA President and officials from DTO witnessed the camp. Around 100 people tested their sputum, diagnosed their health and 64 were referred to DTO. 258 people have participated in this program. It was conducted in Badkua and Gidwani and slums of Sagar. The aim of this program was to make more and more awareness regarding TB and targeting towards its eradication.
- Immunization:** We conduct and participate in Immunization camps in collaboration with health departments. The purpose behind this is to stimulate 100% immunization in the village through apt monitoring. This activity takes place every month in each villages of our working area. This program targets newborns and ANC women.
- Communicable and non communicable diseases:** Our main purpose behind this program is to give maximum health benefits to people via proper monitoring and even by letting people know the government facilities on the basis of Right To health

Act. This was conducted in Sagar, Ashokanagar, Vidhisha and Banda blocks. Conducted 1199 tests of TB, Malaria, Diabetes, BP. In which 63 patients were found positive and 57 patients were referred for further treatment.

- **Health Project (Matha Mariya Hospital):** for Rehli block we are running a project supported by Hilton for health Awareness and extending health care services in 10 villages of Rehli block through the hospital. Its purpose is to provide best of the medical facilities with very economical cost to the needy people of that remote area. Dr. Jisa David and the hospital staff takes special effort and reach to the villages and government schools and special sessions and free Health camps are conducted.
- **Infrastructural support for Hospital:** with the support of Diocese of Freiburg we were able to provide 20 fowler beds and 20 semi fowler beds for Matha Mariya Hospital. Also with the help of Disastery, Rome, Italy. We were able to construct 40 bedded Ward Rooms for Men and Women patients at Matha Mariya Hospital, Jamghat.

YOUTH EMPOWERMENT

- SRLM has supported us with setting up an Industrial Tailoring unit in Guna for 17 women and at present they are stitching government school uniforms during season. Bag making, jacket (Modi style) making, Carry bags making, etc are designed and marketed according to the need of the time.
- **Skill development courses for drop out youth are conducted in** Slum areas of Rehli, Banda, Mohanpur, Gidwani, Saanchi, Saderi, Pagara, Sironj, Khaderakhurdh and Slum areas of Guna. In these areas we have trained around 460 women.
- **Vocational skill development trainings:** In collaboration with Don Bosco Tech, New Delhi we have 2 Skill Development Centers at Makronia and Shahgarh. Various courses of ISMO, Automobiles, Computer, electronics, beautician, Tailoring etc are enlightening the future of the drop out and unemployed youths. The batches are at full swing with 25-30 numbers of students per batch. There was also EDP training sessions, industry visit, job placement, exposure etc conducted time to time. This year around 502 students have passed out and 243 of them were placed in companies and more than 233 self employed in this reporting year. **Don Bosco Skill development center of MVSS has been shifted to Shahgarh center with 3 trades namely ISMO, Computer and electrical.**
- **Vocational training:** With the help of FVTRS we were able to conduct the Vocational training project at Guna and Ashoknagar . We have provided trainings of Bag Making, Garment making, Nursing, agro based production and motor winding, to 323

women and 175 men at village itself. With the help of these trainings 186 trainees are now employed on an average earning above Rs 5000-7000.

- **Skill development for Slums:** This project was funded by CNEWA in March 2020. The project is for Skill development for Slums especially for TB patients, HIV affected and deprived women of such families.

CHILD WELFARE

- **Support from St Vincent De Paul Society, Ernakulam, Kerala, Madras and Pune:** 300 Boxes of clothes including dress materials, toiletry articles, warm clothes, sarees etc were received from St Vincent De Paul Society, Ernakulam, Kerala, Pune, IMMO, Kochi. The same was distributed in remote villages where deprived and destitute community dwell. This year we also received a container full of fresh clothes from textiles. During my visit to their office they have also extended a support of Rs 1 Lakh for extending slum education. IMMO staffs from Kochi are continuously helping us with financial aid and resource mobilization.
- **For extending education we have also started Non Formal classes in** Besapahadi, Banda, Jamghat, Naiserai, Barodia, Bina, Khaderakhurdh, Gulabganj, Mohanpur, Kherikhata, Gairtaganj and Sironj villages. In all this batches we have 20-30 children being educated and capacitated for mainstreaming to schools.
- **Purchase of Assistive Devices and play equipments for the specially abled children of Pratikasha Special School:** This project was funded by HHH (Heart, Hand for Handicapped), USA. In the month of March 2020 we were able to provide assistive devices to Pratikasha Special School, Bararu. There were gym equipments, play materials, devices for impairment and for stretch exercises. Another project for the recreational services of the handicapped children is funded by Theresa Foundation. The funds have been received by our Fiscal agent account in USA.
- **CBER PROJECT:** This project is new one and is supported by Missio Internationals, Germany in March 2020. The project aims in extending Community Based Empowerment Care and services through Prakiyasha Special School to 74 children of 2 Panchayats in Sagar Block.
- **Animation project at Barodia :** we run another project at the social work centre at Barodia. There are 10 villages covered under this project in which non formal schools were established and NFE were provided to the drop out children. The main theme is to intervene in the villages by forming children's groups, child parliaments and youth group etc. It is an animation project to support the children with elementary education, build gaps, counseling with parents, mainstreaming them to schools.

- **Child Line 1098:** The project is funded by CIF, Mumbai. The CL team has received 3129 calls related to Child protection cases from within city and nationwide in this reporting year. Children from MP, UP, Bihar, Tamilnadu, Rajasthan, Chattisgarh and Maharashtra were restored back to their homes. Altogether 851 cases were handled by the team in the last 12 months. Mass Awareness Programmes, road shows, door to door survey, open house and street play are conducted frequently on Child Rights by MVSS & Childline, Sagar team. The team visited 38 schools covering more than 8500 students and spreading awareness on Child Rights, 1098 help line number, Good Touch and Bad touch etc.
- **Slum education:** Education lead to empowerment and education is really the need to lead a quality life. This is a project running for extending education to slum areas. This project is funded by Peter claver for Guna and Ashoknagar areas Missio Internationals for Sagar slums. We extend services in 7 slums of Sagar district and 5 slums of Ashoknagar. There are Community for Learning Centres (CFLs) in all the slums, wherein we extend services by providing non formal education. Under this project quality learning and non formal education is given to 218 students in which 135 girls and 83 boys were there and 207 were mainstreamed to schools. Occasions were also celebrated like Children's day, Independence day, Republic day and all other festivals. In order to enhance fair spirit and creativity we conduct many activities like salad decoration, rangoli making, drawing competitions etc. Authorities have appreciated MVSS for their behavioral change and personality development in connection with Beti Bachao Abhiyan.
- **Furniture Distribution:** The project is in progress for providing furniture like cots, desks, chairs to girls Child Jesus Tribal Girls Boarding, Shaigarh with the support of Manos Unidas.
- **Utensils Distribution:** with the kind support of **Melankie USA**, 5 hostels of our Diocese were blessed with utensils for cooking and eating such as plates, buckets, gas cylinders, cups and spoons etc. Now each child has their own utensils for having meals and separate utensils for cooking different dishes and domestic use.
- **Toilet construction for Barodia Girls Hostel:** This project was funded by **CNEWA in March 2020**. The project is for constructing toilets in Barodia mission centre for the students.
- With the support of three funding agencies namely Diocese of Toronto, Church In Need, and Missio Belgium we were able to provide 2 wheelers for 3 mission stations namely Dourana, Tulsipar and one at MVSS head office.

ECONOMIC EMPOWERMENT

- **Support to widows:** With the help of Give India and individual benefactors 13 widows were empowered with free Income generation programme of Rs 5000. All these widows have started small IGAs by means of petty shops, vegetable selling, and poultry and enhanced their livelihood. Financial support was also provided to more than 58 destitute men and 64 women to start IGP and sustain their future and have a happy life. They have started vegetable selling, grocery shops, bangle selling, cattle rearing etc. This has improved their income source to Rs 200-300 per day.
- Stressing on women empowerment we have formed 539 SHGs with 5990 members and linked 410 SHGs with banks. The SHGs are recorded to have Rs 94,13,049 as savings and 10,84,000 as revolving fund. We have also build their capacities by developing their skills, women literacy programmes (by concentrating on mainly women farmers), group leadership development and also by involving their participation in Mahilao Ki Sabha, celebrations, occasions, cultural events, rallies, local governance meetings and meetings with block officials. Reporting year we could make 30 SHGs.

RIGHT BASED APPROACH

- **People Led Development programme (PLDP):** This project is running in 30 villages of Raisen district and objectives concentrating mainly on Malnutrition. The Blocks covered are Waadi, Semri and Gairatganj. The theme of the project is to promote food security, food sovereignty through enhanced people participation for development of self, family and village as a whole. The project is for 2.5 years and we were able to bring 36 relevant issues like drinking water problem, lack of proper infrastructure, road etc. further there was baseline survey being conducted and health issues addressed in the targeted areas with the help of AWWs and ASHA workers. Even we succeeded in providing the benefits of govt. Schemes to 917 people. There are several activities, meetings, GD's were conducted year round for the development of the villages

DISASTER MANAGEMENT

- **WARM (Water and Agriculture Resilience Mission):** Caritas Japan supports us with WARM project covering 4 villages of Sagar block and one village of Jaisinagar block. The mission upholds to cover mainly 5 drought affected villages on a pilot basis with interventions on watershed activities and the project even covers agriculture sector for water retention and minimum water irrigation techniques. The aim is to build NRM models which in times to come will be replicable and play an important role in water conservation. An Introductory Assembly Meeting with 9 Panchayat Presidents, Secretaries and CBO's Leaders was held at MVSS, Sagar on quarterly basis to implement Water Harvesting Techniques in Rural Villages

and it will be continued. This year 5 training programs were conducted in WARM villages for Sustainable Agriculture and promotion of Bio- fertilizers and pest management. Land treatment process includes 35 small live gully plugs, vegetative gully plugs, farm bunds, trenches, line sowing, stone and contour bunds, mulching etc for water conservation. 12 open well renovations were done. 4 Khet talaabs were constructed. More than 400 kitchen gardens were developed in order to utilize the waste water of the house. The purpose behind focusing in agriculture is raising the ground water level.

- **Environmental Protection and climate change resilience:** In the year 2019-2020 around 10,000 tree samplings were planted in the project area of Raisen, Ashoknagar, Sagar, Guna and Vidisha with the support of Local benefactors. Rural youths, school students, village community, individual households have taken up the responsibility to protect these trees and water it regularly.
- **Bio lab:** MVSS produces Bio fertilizers growth promoters mainly Trichoderma in powder and lotion form. The same is being distributed on sample basis to farmers of the project area. The Bio fertilizers are nominal rated and will be a great help to farmers in rejuvenating lost soil health. Apart from trichoderma we will also be producing Rhizobium, PSB cultures etc in time to come. We have also been supported by Caritas Austria to purchase a Fermentor for production of cultures at high quantity. We are happy to note down that the demand of trichoderma is increasing day by day. From all the fields highly quantity production is reported and quality work is presented during national review meetings. There are also demands from other social work department of various other Dioceses.
- **Sunshine for grandparents:** with the support of Stiftung, Switzerland, local contribution and support from individual benefactors we were able to support 63 grand parents who are destitute and deprived in the local community and slums of Sagar.
- **NABARD:** With NABARD and Central Jail Authorities, production of Papad at Central Jail of Sagar is conducted regularly. This year we were able to produce variety of Papad of masala, chana, moong. The papad are now sold in Central Jail Canteen. There they have also increased the number of beneficiaries. Apart from this we also have 105 Farmer's clubs and 100 JLGs formed in 114 villages of Sagar district. With meeting and capacity building programmes with these CBOs held every months and their capacity boosted by Experts of Agriculture, DDM of NABARD, Chairman of MBGB Bank and Agriculture Scientists, Agronomists from KVK were able to rejuvenate them in the last 6 months.

INTERNSHIP

- Students from different Universities from all over India belonging to Research and Social work fields are been shaped for future growth under various internship programmes at MVSS. There were BBA students from Lovely Professional University, Punjab. MSW IV semester students of Dr. Harisingh Gaur University and Third year theologians from Ruhelaya Major Seminary Ujjain Theologate. ,BA LLB students from Jagran Lakecity University, Bhopal, PGRM Students from XIDAS, Jabalpur, UG/PG students of Criminology and forensic courses of Hari Singh Gaur Central University, Sagar, and Mr Michael from Caritas Switzerland completed his Thesis work during the reporting year.
- MVSS team also visited Sangli Mission Society and Goa for an exposure cum learning. The Team saw the effective work of SMS in the field of child welfare and rehabilitation services extended towards the differently abled children. This inspired us to learn from SMS and the adopt similar intervention on CBER for the differently abled children.

External Evaluation:

- Representatives of Funding agencies and evaluators visited MVSS and completed successful evaluation as well as field assessment. This included Manos Unidas team, Spain, Caritas Austria representative Ms Helen along with Caritas India officials, Dr Arti Mishra from CHAI Hyderabad, Dr Shailaja T, Dr Indira (CHAI), and MPSS officials and Mr Michael Hedger from Caritas Switzerland.
- **CAG Audit:** Senior Audit Officer from CAG (Central Govt) had completed its evaluation for the financial year 2016-19 and appreciated the financial system followed by MVSS and noted some of the best practices followed at MVSS as timely submission of FCRA returns, systematic reporting system, Bio lab set up and our vast coverage, in their report. The report stated by Senior Audit Officer, "**Great work extended towards the marginalized by MVSS, generations will remember your devotion towards society**".

Trainings and Conferences: Training and conferences were organized time to time in Manav Vikas Seva Sangh Head office and district offices and discussed the possibilities and opportunities of addressing the burning issues through networking and collaborative efforts. The trainings focused on the following issues: child survival, protection, resource development, building alliance and finding resources, finding new funding agencies, health and well being, community health strategic priority area, disaster risk reduction, small holder farmers and climate change etc.

Celebrations and Occasions: MVSS celebrated and observed along with community various occasions and celebrations like Earth Day, Youth Day, Environmental day, Children's day, Independence day, Republic day, World T.B day, Cancer day etc. in which the participation of children, youth and women were observed in seen in huge number.

Future plans

- Our efforts will also focus on health, education, livelihood, and skill-building of the migrants and the marginalized population affected by Covid-19. Our major target is to help the families of the handicapped who are in distress of COVID 19 to have a livelihood and better living, which includes education support for their children, livelihood support for individuals.
- Our target is to provide ration kits to 1000 migrant families and 500+ families of PWDs on a monthly basis.
- **Tackle Children's issues** - change strategies in covid times:tackling drop outs and newer risks on child labour during covid-19.
- **Tackle Unemployment** - livelihood - people led approach to government schemes.
- **Provide Psycho social support** - skill development - rebuilding lives especially of destitute women and SHG groups.
- Reach more people and engage more funding partners in working with us to bring them to the light is our goal for the next future.
- We plan to link with other Social work centers under Diocese to work together for a better and fuller humanity.
- Conduct of extra-curricular activities for government school students in collaboration with district administration.
- Skill mapping, entrepreneurship programmes and job placement opportunities of dropout youth and providing them with suitable skill development training at centers.
- Forming skill NET groups of Adolescent girls and do various health awareness classes, carrier guidance courses etc.
- Get together of 500 SHGs on a single platform and strengthen their capacity to overcome the present situation.
- Special care for the physically and mentally challenged children through our Prathiksha Special School.
- Registration of Bio Lab. Production and supply of Bio growth promoters/Azotobacter, Trichoderma, PSB cultures etc.

- Campaign at all Diocesan and religious schools for raising support for deprived and destitute elderly, HIV and Cancer patients.
- Basic needs to the most deprived communities in collaboration with the help of St Vincent De Paul Society of Kerala, Madras, Pune and Delhi etc.
- Replication of IFS models, kitchen gardens and promote organic farming for migrants and SMFs in all five districts of Sagar Diocese as we have successfully done in major project areas..
- Environmental protection by planting 10,000 tree saplings in the month of July-August under World Environmental day with the support of govt and Diocesan schools, centers etc.

AWARDS AND RECOGNITIONS

We ensure coverage of all our activities especially occasions and celebrations in news media. This includes cases handled by Child line, Tree plantation campaign, major programmes etc.

We have been hitting the top front cover stories of Newsletters of many national and International agencies. Our case studies, work done and timely reporting has been widely appreciated by Officers of funding agencies.

We also received rewards and appreciations from major partners and agencies. Some of them are as follows:

- TB Eradication award by CBCI Card and CMHO Sagar 2019.
- Video documentation on Agro-industry at Central jail of Sagar at NABARD Official website and you tube link.
- **FVTRS honours 'Women Collective Enterprise' of Umri village, Guna with National Award.:** 'Ram Lakhan' Guna Women Skill NET group; bagged the First Prize award for 'Best Women Collective Enterprise' during the FVTRS National Skill Conference-2019 held in Bangalore, India. The skill NET group after completing their skill development training started their own business enterprise and undertook consignments from NRLM, local markets thus have improved their lifestyle not only on economic terms but also now earn the reputation of a Role model for the rural women of Guna district.

Conclusion

The year 2019-20 has been remarkable year in the history of Manav Vikas, not only in the

terms of many developmental activities but also fruitful achievements. We are very grateful and indebted to our funding agencies, well wishers, governing body members, energetic staff for their timely intervention and support. On behalf of MVSS, I would like to express my heartfelt thanks and appreciation to all concerned, Fathers, Brothers, Sisters and Staff at different centers, for their committed service and dedication for the cause of deprived, poor and needy/vulnerable community. May I request all Centre In Charges to actively involve and collaborate with Manav Vikas Seva Sangh. We are always ready to extend our whole hearted support for the marginalized sections of the society in each centre of our Diocese. Thanks to one and all.

Fr. Thomas Philip
Secretary, Manav Vikas, Sagar